Lesson #17: Hope in our Heartaches (1 Peter 5:5-10)

Together we have spent many weeks going verse by verse through 1 Peter. This letter is admirable in a number of ways.

1. Peter is very _______________ – He gives very specific instructions on how to interact with other people.
2. Peter is very _______________ – Whenever he tells us to do something he invariably gives us a reason for doing it.

Chapter 5 gives us Peter’s final set of instructions. In this passage Peter remains true to form. He gives us three final instructions which are specific and practical. These final instructions fit perfectly with the theme of the whole book - ____________________________________________. There are times when we find ourselves down in the pits. It seems like we are in the doldrums. Our text this morning is meant to give us hope in our heartaches.

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**IF YOU WOULD HAVE HOPE YOU MUST LEARN TO BE _________________________ (5:5-6)**

Peter loves to use imperatives. In fact, in this short epistle he uses the imperative voice some ______ x. Here in these verses Peter uses 3 important imperatives that all teach us that we must learn to be ____________.

A. Those who have ________________ are to be subject to them

The first imperative/command is found at the beginning of verse 5. “You younger, submit yourselves unto the elder.” This is a consistent theme that the Spirit of God began to develop back in chapter 2 of 1 Peter.

- 2:13-15 – “_____________ to every ordinance of man.”
- 2:18 – “Servant, be ____________ to your masters.”
- 3:1 – “Likewise, ye wives, be in ____________.”

B. Those who are ________________ are to be subject to all

“Be clothed with humility” (5:5). All are to be clothed in this way as they subject themselves “to one another” (5:1). That reciprocal pronoun means ____________ to one another is to practice humility.

C. Those who obey a ________________ God will live subjected to Him

This is the only time in the NT that we see the little phrase “the mighty hand of God.” It is familiar in the OT (Exodus 3, Deut. 3, and Job 30) and it always speaks of God’s ________________. It is as if God is pressing upon us His sovereign will.

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**IF YOU WOULD HAVE HOPE YOU MUST LEARN TO BE _________________________ (5:7)**

Peter challenges us to really get sincere about our walk with God. To do so you need to be willing to send your ________________ to God.

A. ________________ cast your burdens on God

The verb Peter uses here (“casting”) is very important. It is the Greek word eizeboto which originally means, “to ____________ something from one place to another, to __________.” We are being told to cast all of our burden on Jesus!

B. ________________ cast your burdens on God

“Cares” is the Greek work melomai which means, “an object of ____________ or __________.” What Peter is saying is that you are an object of concern to God. You aren’t by yourself. And notice how much of our burden we are supposed to give to the Lord. Peter says we are to cast __________ of your care!”

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**IF YOU WOULD HAVE HOPE YOU MUST LEARN TO BE _________________________ (5:8-9)**

We are told that we need to be “sober and vigilant.” This means we are to get serious about some things. We are especially called to get serious things where the ____________ is concerned.

A. Be serious about the devil’s ________________

It’s interesting that most people believe that there is a God, a much smaller percentage believer there is a devil. But __________ believes in him, __________ believes in him, the __________ believes in him, __________ believes in him! Satan is the same devil that he always was and he hates you and wants you to fall.

B. Be serious about the devil’s ________________

Why does the Bible compare the devil to a lion? Well, there are some similarities between the devil and lions.

1. Lions are ________________: They are 14 to 21 times stronger than man. So too Satan is far stronger than us. We cannot fight him on our own.

2. Lions are ________________: A mature lion can consume 30% of his own weight at one setting. They are famous for being the kings of the jungle. All those who encounter them treat them with fear and respect. So to, God’s children would do well to learn and respect the devil.

The good news is that the devil can be __________ by the child of God! The secret to overcoming him is to “ __________” him! (James 4:7).

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**Concluding Thoughts**

It may be, that there are some who are losing hope right now. I trust that by reviewing this passage today God is seeking to reveal in your life where you have been leaning on your own resources to try to run your own life. Ask yourself, “Am I fully __________ to God?” “Am I fully casting all my __________ on God?” “Am I seeking to be __________ about my walk?”